

FUEL10K Product Dietary Information

Product	Suitable for Vegans	Suitable for vegetarians	Gluten Free	Comments
FUEL10K Breakfast Drinks				
Vanilla Breakfast Drink	✗	✓	✗	
Strawberry Breakfast Drink	✗	✓	✗	
Chocolate Breakfast Drink	✗	✓	✗	
Banana Breakfast Drink	✗	✓	✗	
Caffe Latte Breakfast Drink	✗	✓	✗	
FUEL10K Porridge Pots				
Original Porridge Pot	✗	✓	✗	Produced in a factory that handles nuts.
Golden Syrup Porridge Pot	✗	✓	✗	Produced in a factory that handles nuts.
Chocolate Porridge Pot	✗	✓	✗	Produced in a factory that handles nuts.
Apple & Cinnamon Porridge	✗	✓	✗	Produced in a factory that handles nuts.
Honey Nut & Raisin Porridge	✗	✓	✗	Produced in a factory that handles nuts.
Forest Fruits Porridge Pot	✗	✓	✗	Produced in a factory that handles nuts.
FUEL10K Quark with Fruit				
Mango & Passion Fruit Quark	✗	✓	✗	Produced in a factory that handles nuts and wheat
Banana & Strawberry Quark	✗	✓	✗	Produced in a factory that handles nuts and wheat
Blueberry & Raspberry Quark	✗	✓	✗	Produced in a factory that handles nuts and wheat
Vanilla Bean & Honey Quark	✗	✓	✗	Produced in a factory that handles nuts and wheat
FUEL10K Granola				
Chocolate Loaded Granola	✓	✓	✗	Produced in a factory that handles peanuts, nuts, sesame seeds, milk & soya products.
Fruit Loaded Granola	✓	✓	✗	Produced in a factory that handles peanuts, nuts, sesame seeds, milk & soya products.
Peanut Loaded Granola	✓	✓	✗	Produced in a factory that handles peanuts, nuts, sesame seeds, milk & soya products.
FUEL10K Protiflakes				
Protiflakes	✗	✓	✗	Produced in a factory that handles peanuts, nuts, sesame seeds, milk & soya products.
FUEL10K Protibricks				
Protibricks	✓	✓	✗	Produced in a factory that handles peanuts, nuts, sesame seeds, milk & soya products.